

## Verse 23

*Te jhāyino sātatikā  
niccam dalhaparakkamā  
Phusanti dhīrā nibbānam  
yogakkhemam anuttaram*

Those who persevere in their meditation,  
ever steadfast in their endeavour,  
they firmly realize *Nibbāna*,  
that incomparable (state of) perfect peace.

### Meaning

<i>te</i>	they
<i>jhāyino</i>	(those who) meditate
<i>sātatikā</i>	persevering
<i>niccam</i>	constantly; continuously
<i>dalha</i>	steadfast
<i>parakkamā</i>	exertion; endeavour; striving
<i>phusanti</i>	[ Lit. touch ] realize
<i>dhīrā</i>	firm
<i>nibbānam</i>	liberation
<i>yogakkhemam</i>	[ <i>yoga</i> + <i>khema</i> ] perfect peace Note : this is an epithet of <i>Nibbāna</i>
<i>anuttaram</i>	incomparable